

INFORMATION
=
KNOWLEDGE
=
POWER

WHAT'S ON?



YOUTH ENQUIRY SERVICE

FREE YOUTH WORK ACTIVITIES FOR YOUNG PEOPLE!

Mondays

HOME ED YOUTH GROUP 1:00-3:00PM

A youth group for young people aged 12-18 who are home educated. Come along to socialize, gain qualifications, learn about different topics and take part in fun activities.

RE-PASSIONED FASHION 6:30-8:30PM

Interested in re-vamping clothes? Keen to explore ways to express yourself through fashion? This is the 9-week programme is for you! Starting **20th January**, please see our social media or website to sign up.

Tuesdays

12-17 DROP IN 3:30-5:30PM

Access support & advice, themed issue-based activities & information on topics including mental health, friendships, homework & study support.

HEADSTRONG 6:30-8:30PM

Looking at emotional health and well-being, this 9-week programme will look at different emotions, coping strategies and how to live an overall healthier lifestyle. For ages 14-25.

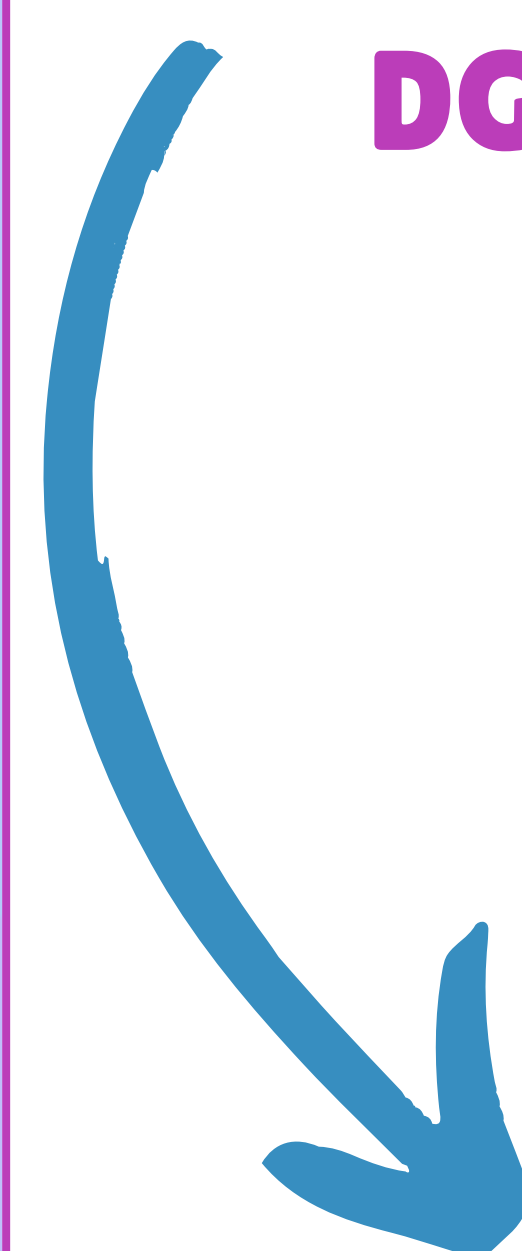
CLUB CODE 6:30-8:30PM

Interested in coding and programming? Beginners can come along and learn how to code digital art and animations, interactive stories and games plus much more! For ages 12-17.

★ WELCOME TO THE YOUTH ENQUIRY SERVICE ★
WE ARE THE ONE STOP SHOP FOR SUPPORT,
INFORMATION AND ADVICE FOR YOUNG PEOPLE
AGED 12-25 IN DUMFRIES AND GALLOWAY.

WHERE TO FIND US:

**YOUTH ENQUIRY SERVICE MAIN ENTRANCE
CAN BE FOUND ON THE CORNER OF THE MAIN
DGI BUILDING, NEAR THE ROUNDABOUT.**



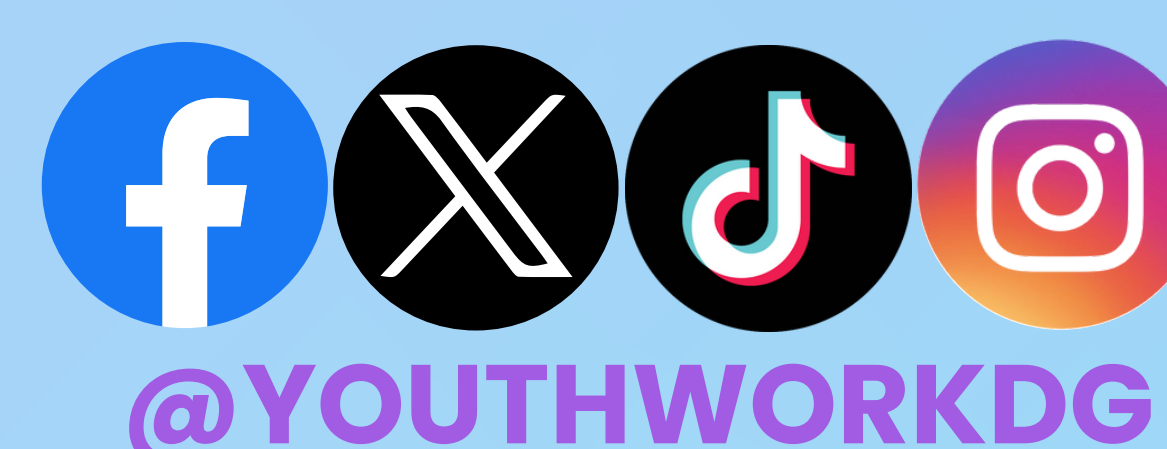
★ WE ARE HERE TO HELP YOU OVERCOME ANY ★
SITUATIONS YOU ARE FACING - FROM MENTAL
HEALTH TO CV BUILDING, BEREAVEMENT TO
DRUGS, BODY IMAGE TO RELATIONSHIPS. TALK
TO US VIA OUR SOCIAL MEDIA, FACE TO FACE
GROUPS, DIGITAL PROGRAMME OR
CONFIDENTIAL 1-2-1 BLETHER CHATS.

WANT TO FIND OUT MORE OR SIGN UP TO TAKE PART?

YOUTHENQUIRYSERVICE.ORG

EMAIL - YES@DUMGAL.GOV.UK

CALL - 01387 251322



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Wednesdays

12-17 DROP IN

3:30-5:30PM

Access support & advice, themed issue-based activities & information on topics including mental health, friendships, homework & study support.

YES VOLUNTEERS

6:30-8:30PM

Gain volunteering experience and develop cooking skills, help with preloved clothes rail, and develop resources and information.
For Ages 16-25.

Fridays

16+ DROP IN

1:30-2:30PM

Access support & advice, support with CV writing, job applications, get information on relevant topics including mental health, sexual health, drugs & alcohol and more.

12-17 DROP IN

3:30-5:30PM

Access support & advice, themed issue-based activities & information on topics including mental health, friendships, homework & study support.

Thursdays

DIGITAL PEER EDUCATORS

3:30-5:30PM

Research relevant topics, and learn creative media skills to co-produce informative youth information pieces to share with other young people.

Saturdays

SPECTRUM

12:00PM-2:00PM

A group for neurodivergent young people, to share experiences and learn new things. For ages 12-25.



SOMETHING ON YOUR MIND?

Our Free Confidential Bletter Live Chat is Available 7 Days a Week.

GOT A QUESTION? NEED AN ANSWER?

Your questions answered accurately and without judgement within 24 hours.

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